



ACS WALKER

Chi Exerciser

Reduce Excess Weight & Keep Fit



15 minutes use is equal to WALK of app. 10,000 steps
Aerobic Exerciser For Complete Body Fitness & Relief

15 feuv dsblreky l syxHlx 10]000 dne pyusft ruh dl jr fcuk fdll h Fkdku ds

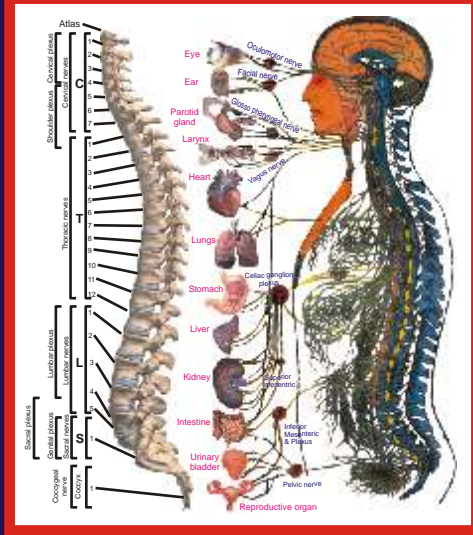


A Non Medical Device for Exercise

'kjhj dksLoLFk] p[tr] Qrphzyk o nnZjfg r j [kuscds fy; sfo'o i ækf. kr , d cgmi ; kxh , DI j l kbZt j

FOR THE HEALTH OF WHOLE FAMILY

A HEALTH CHI EXERCISER



Available at :



ACUPRESSURE HEALTH CARE SYSTEM

A HEALTH CHI EXERCISER

Guide of Sequential Position for use



Lie on Floor, Put both heels on the corve of Foot Rest of Exerciser. Relax Body.
 tehu ij yv tk, avlg nkuls, BM+ la dks , DI j l kbZt j ds doZ ij j [la vlg vius 'kjhj dks <hyk NI&I+nd



Turn on Timer as per suitable time (5 to 15 minutes) Close eyes.
 Vlbèj dls euplgs l e; kuq kj ½-15 feuv½ pyk, vlg vlgk cm dj yd



Machine stops automatically on lapse of preset time Relax for 2-3 min. with eyes closed
 e'khu viusvki l s/ fd, gq Vlbèj ij : d tk, xH e'khu ds: dus ij nls lsrhu feuv rd vlgk cm djds yvSjgà



Body swings from Head to Toe Left-Right-Light nearly 1½ Inch.
 vc vki dk 'kjhj nk; a l sck; a o ck; a l snk; a djhc 1½" fl j l s ilw ds vaxBs rd fgyrk gB



Slowly bend legs and remain Still then turn left side and with the help of left hand sit up.
 /hjs l s vius ilw dls eMls vlg 'khu yvSjgs vlg fQj vius 'kjhj ds ck, a fg l l s dls eMls vlg nlfgu gWk dh l gk; rk l scB tk, A



Rest for 1 minute. Then rest up. You Feel Fit & Relaxed
 1 feuv rd vlgk djs vlg fQj mB tk, A vc vki rlnqLr o rjkrkt egl d jxà

AC Voltage	Electric Consumption	Timing Switch	App. Weight
220-230V/50 HZX	App. 50 Walts	15 Minutes	5.6 Kgs.

Comfortable Moving Foot Rest
 vkjlenk; d nk; a ck; a ?neus okyh QW j tV

